

**WORKSHOP 4**  
**MEDITERRANEAN DIET AND HEALTH IN THE CONTEXT OF ECONOMIC CRISIS**

**Workshop Leader**  
**Ioannis Sotiropoulos**  
Associate Professor  
Technological Educational Institute of Epiros  
Dept. of Finance and Auditing  
Preveza, Greece

The current workshop will discuss the Mediterranean diet and the contemporary patterns of it, the vegetables, the dairy products, and the important consequences of this diet to the community health in the context of the today's economic crisis

**PRESENTERS**

**I. Sotiropoulos**  
**TEI of Epirus, Dept of Finance and Auditing, Preveza**

**G. Georgakopoulos**  
**University of Amsterdam, Dept. of Accounting**

**T. Massouras**  
**University of Agricultural University of Athens**

**K. Vasileiou**  
**Dept. of Pharmacy, National University of Athens**

**Konstantinos Fragkos**  
**University of London**